



# ***SOUTHERN DISTRICTS NETBALL ASSOCIATION***

**Southern Districts Netball Association**

**Association Teams**

**Parent & Player**

**Information Booklet**

**2024**



# Player and Parent Information

## COACHES

Coaches will be selected by the Development Officer and their names submitted to the Executive for ratification.

All coaches will have achieved or be working towards an Australian Coaching Development or higher.

It must be remembered that these coaches are volunteers and are giving up many hours to assist in the development of your child. Therefore, players and parents are expected to treat the coaches with respect and show support to all team members.

## MANAGERS

The managers are responsible for the general running of the team. They are there to assist the coach with equipment and caring for the players wellbeing.

They are also responsible for organising the team for the collection of money and the distribution and collection of uniforms.

Once again, the managers are volunteers and are to be treated with respect. Any assistance forthcoming from parents and players would be much appreciated.

## TRAININGS AND MATCH PLAY CARNIVALS

Once the teams are selected players are **required to attend all trainings/match play carnivals set by the association/coach.**

If players are sick or injured, they need to inform the coach as soon as possible.

[A full Training and Match play calendar can be found on our website.](#)

Missed training sessions/match play carnivals or a breach of the player contract may result in an explanation being sought by the Development Officer which may lead to the player being replaced.

This year our Teams will play in Kalamunda Netball Association Pre Champs-Match play Sessions Tuesday 30<sup>th</sup> April at Kalamunda and Kalamunda and Success at Southern Districts Thursday 9<sup>th</sup> May.

These match play sessions are a great opportunity for the teams to bond and have a chance to play together prior to the big weekend. It also gives the coaches a chance to try different combinations. Please remember you are representing your association and behave accordingly.

The coaches spend a lot of time planning their training to benefit the players so please make sure you are punctual and arrive ready to train/play hard. Players should arrive at training in the correct attire including Association team training singlet, with NO JEWELLERY and nails cut short.

Could parents also make sure they are here in plenty of time to pick up their child after training.

## INJURIES

If you are injured and can't train, please make sure you inform your Association Team Coach as soon as possible. Depending on the severity of the injury you may be required to provide a doctor's certificate before we allow you to resume training.

## PLAYER CONTRIBUTION

Each player will be required to make a player contribution of **\$153.05** (including transaction fee) which will include match fees, Association Rep team trainings and carnivals, and player wind up / trophy presentation.

A link will be sent to you by email – which includes Player and Parent codes of conduct and online payment options which needs to be completed and paid by **Thursday 25<sup>th</sup> April**.

## PLAYING UNIFORMS

Southern Districts will supply all playing uniforms for all players.

Players will be asked to **pay a bond of \$50.00 cash** in the envelope provided at Admin night / uniform fittings with name and team written on the front, which will be refunded when the uniform is returned in a 'fit state' and will be available to be picked from SDNA Saturday 15<sup>th</sup> June. This uniform is only to be worn at carnivals where the player is representing SDNA. It is each individual's responsibility to care for their uniform. **Should the uniform be returned damaged or altered you will lose your bond and be invoiced for the extra cost to replace the uniform.**

Uniforms will be given out Thursday 23<sup>rd</sup> May.

Players will be required to purchase their own black sports briefs.

Could all parents please cold wash uniforms after each day's competition Saturday and Sunday.

At the conclusion of the 2024 Fuel to go and play Association Championships Carnival on Monday 3<sup>rd</sup> June the uniform is to be returned to the team manager for laundering – so bring a change of clothes!!

## TRAINING UNIFORM

Stock will be on hand (or in transit) on Admin Night.

This means that availability will be limited to what we have already ordered.

- You can pay by cash or EFTPOS to pay for these items on Admin/Uniform fittings Night– **do not transfer the payment** before then.
- If you would like to sell your second-hand items, bring them along on Admin Night or email [development@sdna.com.au](mailto:development@sdna.com.au) before then. Payment for purchases of second hand items are cash only.
- Uniform queries to Caroline Southam – 0412 025 508 (text please)

**Training Top (Compulsory) –**

If you have one from previous years (and it still fits) there is no need to buy another - cost is \$30.

## **ADDITIONAL UNIFORM FOR PURCHASE**

Gilbert netball shorts (Red) - \$20

Hoodie - \$40

Socks – Ankle or Crew - \$15

SDNA branded short netball Compression, shorts - \$40.

SDNA branded half-quad, Compression, high waist shorts - \$40.

SDNA branded Compression, ¾ tights - \$50.

SDNA branded Tracksuit pants - \$40.

Players may use their own Tracksuit pants, but the tracksuit pants must be black.

## **2024 FUEL TO GO AND PLAY ASSOCIATION CHAMPIONSHIPS**

Association Teams weekend will be held on Saturday 1<sup>st</sup> June, Sunday 2<sup>nd</sup> June & Monday 3<sup>rd</sup> June 2024 at the Wembley Sports Park, 200 Selby Street Jolimont.

### **COMPETITION STRUCTURE – INFORMATION CORRECT AS AT 12/2/2024.**

Association age groups will be divided into two (2) 'Hubs' across the 3-day event.

Hub 1 will include the following age groups: 12U, 13U, 20U.

Hub 2 will include the following age groups: 14U, 16U, Open (Women), Masters.

### **Proposed Schedule (Subject to Change)**

<b>Competition Day</b>	<b>AM</b>	<b>PM</b>	<b>All Day</b>
Saturday 1 June	Hub 1	Hub 2	Boys/Men
Sunday 2 June	Hub 1	Hub 2	No Limits
Monday 3 June	Hub 1	Hub 2	

#### **Saturday 1 June**

8.30am Opening Ceremony

9.30am - 4.30pm Boys & Men minor round matches and final

9.30am - 2.00pm Hub 1 matches

2.15pm - 6.45pm Hub 2 matches

#### **Sunday 2 June**

9.30am - 4.00pm No Limits matches, finals and presentation

8.30am – 1.00pm Hub 1 matches

1.15pm – 5.45pm Hub 2 matches

#### **Monday 3 June**

8.00am Hub 1 matches

9.30am Hub 1 finals matches commence

10.15am Hub 1 finals matches commence

11.15am Hub 1 presentation and closing ceremony

12.00pm Hub 2 matches

1.30pm Hub 2 finals matches commence

2.15pm Hub 2 finals matches commence

3.00pm Hub 2 presentation and closing ceremony

3.30pm Conclusion of the FTG&P Association Championships

## OPENING CEREMONY

The Opening Ceremony will take place at the Perth Netball Association on Saturday 1<sup>st</sup> June 2024 8.30am, prior to the commencement of the FTG&P Association Championships.

Please Note: Our 12U 13U and 20U Teams may be required to attend.

## COURT TIME

**PLEASE NOTE: The minimum court time for each player at the Fuel to go and play Championship is 50%.**

Court time is the hardest thing for players and parents to accept.

We have only taken 9 or 10 players in most Teams this year to maximise court time for players.

Players and Parents are reminded that the minimum court time for a player is a 50% of total qualifying matches. **This will not mean that all players will have equal court time.**

## Food

There are lots of food options available to buy at the Championships, but it is usually terribly busy so, we suggest players bring their own lunches and healthy snacks, so they can maintain their energy levels throughout the day.

## Fluids

It is vitally important the players drink plenty of fluids to avoid dehydration. Dehydration will lead to head aches, poor performance and illness.

Water is the best fluid.

## TEAM PHOTOS

Team photos will be taken on Thursday 30<sup>th</sup> May at SDNA before training.

## ASSOCIATION REP TEAM FUNCTION

Information and times to be advised.

## AWARDS

Each coach is asked to present an Award to the player in their team who has contributed the most throughout the training sessions as well as the weekend. Things they will consider are their attendance at all training sessions, their attitude, their improvement and their leadership and contribution to team harmony.

I hope you find this information useful and if you have any questions, please do not hesitate to contact me.

Bev Gallager  
Development Officer